

BODYBUDDY

Lunch Bowls

SMOKED SALMON & PESTO BOWL - new! (N)

Smoked salmon (varmrökt lax) with baked sweet potato, fresh greens, pomegranate - topped with homemade pumpkin seed pesto and roasted almonds

/ swap to chicken 0 kr

/ swap to vegan cheese 0 kr

DAAL BOWL - new! (V,S,N)

Creamy curry daal with beluga lentils, sweet potato and red bell pepper - served with black rice, fresh greens, pomegranate, coriander, tamari roasted almonds & coconut chutney

+ add chicken 25 kr

/ baked sweet potato instead of black rice +10 kr

CHICKEN MANGO AVO BOWL - bestseller! (S,SES,E,P)

Baked chicken (SWE) served with black rice, avocado, fresh mango, peanuts, fresh greens, pomegranate, coriander, our coconut dressing & chili mayo

+ add extra chicken 25 kr

/ baked sweet potato instead of black rice +10 kr

POWER SALAD (CR,S,SES,E,P)

MSC shrimps and egg served with quinoa, avocado, fresh mango, peanuts, fresh greens, pomegranate, coriander, lemon & chili mayo

+ add extra shrimps 40 kr

/ swap to chicken 0 kr

/ baked sweet potato instead of quinoa +10 kr

VEGAN COCONUT CHEESE BOWL (SES,E,P)

Greek white coconut cheese served with black rice, avocado, fresh mango, peanuts, fresh greens, pomegranate, coriander, our coconut dressing & chili mayo

/ baked sweet potato instead of black rice +10 kr

FOR THE KIDS: CHICKEN BOWL

Baked chicken (SWE) - served with black rice, avocado, mango and roasted sweet corn

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Brunch Bowls

BB's BRUNCH PLATE (SES,E,N/P)

Scrambled eggs with home baked crispbread, pico de gallo, avocado mash, rose salad, your choice of breakfast cup & seasonal fruits & berries

BB's SWEET WAFFLE (E,N)

Oat waffles served with coconut cream, berry swirl, banana & fresh berries - topped with maple syrup & caramelized almonds
+ add peanut or almond butter 10 kr

AVO MASH ON CRISPBREAD - bestseller! (SES)

Avocado mash served with our home baked crisp bread, green salad and pomegranate
+ add egg 15 kr (recommended!)

CHICKEN MANGO AVO BOWL - bestseller! (S,SES,E,P)

Baked chicken (SWE) served with black rice, avocado, fresh mango, roasted sweet corn, pickled onion - topped with coriander, pomegranate, peanuts, pea shoots, coconut dressing and a ginger-sesame & chili mayonnaise
+ add extra chicken 25 kr

POWER SALAD (CR,S,SES,E,P)

MSC shrimps, egg, avocado, lemon, fresh mango, green salad, pickled onion, quinoa - topped with coriander, pomegranate, peanuts, pea shoots and a ginger-sesame & chili mayonnaise
+ add extra shrimps 25 kr
/ swap to chicken 0 kr

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All Day Breakfast

AVO MASH ON CRISPBREAD - bestseller! (SES)

Avocado mash served with our home baked crisp bread, green salad and pomegranate
+ add egg 15 kr (recommended!)

BANANA BREAD - a must try! (E,N)

+ add nut butter or coconut cream 10 kr

QUINOA PORRIDGE (on weekdays until 11.00) (V,N)

Steamed quinoa & oatmeal porridge - served with apple compote, cinnamon, roasted almonds, almond butter, maple syrup, fruits & berries

SWEET WAFFLE (E,N)

Oat waffles served with coconut cream, berry swirl, banana & fresh berries - topped with maple syrup & caramelized almonds
+ add peanut or almond butter 10 kr

OVERNIGHT OATS BOWL (V,N)

Gluten free oats, oat milk, cinnamon, cardamom, seeds - topped with home made nut granola, fruit compote, apple & blueberry

COCONUT YOGHURT BOWL (V,N)

Home cooked coconut yoghurt with probiotic - topped with berry swirl, nut granola & fresh berries

CHIA SNICKERS BOWL (V,N,P)

Chia seeds, coconut cream & almond milk - topped with peanuts, dark chocolate**, banana & maple syrup

TROPICAL CHIA BOWL (V,N)

Chia seeds, coconut cream & almond milk - topped with tropical swirl (mango & pineapple), roasted almonds, coconut flakes, agave syrup & fresh red berries

ACAI SMOOTHIE BOWL (V,N/P)

Acai, banana, blueberry, mango, lime coconut cream & almond milk - topped with homemade nut granola**, peanut or almond butter, banana, goji & fresh berries

+ add protein powder (V) 15 kr

+ add probiotics 15 kr

+ add collagen (not vegan) 15 kr

ALLERGIES? Please inform us!

V = vegan S = soy SES = sesame E = egg N = nut P = peanuts CR = Crustaceans F = fish 🌱 = Organic or Eco label

*our chocolate contains organic cane sugar

**nutfree granola available upon request

BODYBUDDY

Juices & Smoothies

GREEN BUDDY JUICE

Apple, cucumber, kale & lemon

CARE BUDDY JUICE

Carrot, apple, ginger, celery & lemon

GINGER TURMERIC SHOT

Apple, lemon, ginger, turmeric & black pepper

ACAI SMOOTHIE

Acai, banana, blueberry, mango, lime coconut cream & almond milk

+ add protein powder (V) 15 kr

+ add probiotics 15 kr

+ add collagen (not vegan) 15 kr

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BANANA BREAD (E,N)

+ add nut butter or coconut cream +10 kr

NUTBUD* (N,V,P)

COCOBUD* (V)

CHOCOLATE CHIP COOKIE* (E,N)

COOKIE DOUGH BITE* (V,N)

BODYBUDDY

Kombucha 62
Hydrate Cocowater 52
VitaCoco Cocowater 49
häppi Prebiotic Drink 52
Hikkibiskus 59
Stenkulla Sparkling Water 35

Filter Coffee 42 
Cortado 49
Latte 59
Cappuccino 59
Americano 42 
Espresso 39 
Iced Latte 59

Matcha Latte 59
Iced Matcha Latte 59
Golden Milk 59
Chicca Latte 59
Chicca Cappuccino 54 - a chicory-based alternative to coffee
Chicca Americano 42  - a mushroom-based alternative to coffee
MIND AVENUE ® Shroom Latte 59
MIND AVENUE ® Shroom Capuccino 54

Matcha Tea 59 
Womensync Tea 39 
Fresh Mint Tea 39
Fresh Lemon Ginger Tea 39

FUNCTIONAL ADD ONS
Mooshroom Drops +20

Our milk options:
lactose free, oat milk, almond milk, sproud